

Cucumber, Mango & Banana Smoothie

8 ingredients · 5 minutes · 1 serving



Directions

1. Add all of the ingredients into a blender and blend until smooth. Pour into a glass and enjoy!

Notes

Leftovers

Best enjoyed immediately.

No Almond Milk

Use another plant-based milk such as cashew or oat.

No Almond Butter

Use cashew butter or sunflower seed butter.

Additional Toppings

Add chia seeds or hemp seeds.

Protein Powder

This recipe was tested using plant-based vanilla protein powder.

Ingredients

- 1 cup Unsweetened Almond Milk
- 1/2 cup Frozen Banana
- 1/2 cup Frozen Mango
- 1/4 Cucumber (medium, chopped)
- 1 cup Baby Spinach
- 2 tbsps Almond Butter
- 1/2 tsp Cinnamon
- 1/4 cup Vanilla Protein Powder