

# Brazil Nut & Blueberry Coconut Yogurt Bowl

6 ingredients · 10 minutes · 2 servings



## Directions

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1. Layer the coconut yogurt, blueberries, nuts, cocoa powder, ground flax, and stevia powder (if desired), into a serving bowl.
2. Serve immediately or refrigerate until ready to eat. Enjoy!

## Notes

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### Leftovers

Refrigerate in an airtight container for up to two days.

### Serving Size

One serving is approximately 1 1/2 cup.

## Ingredients

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- 2 cups** Unsweetened Coconut Yogurt
- 1 cup** Blueberries
- 2 tbsps** Brazil Nuts (chopped)
- 1 tbsp** Cocoa Powder
- 1 tbsp** Ground Flax Seed
- 1/16 tsp** Stevia Powder (optional, to taste)